



COVID-19 Re-Opening Health and Safety Protocols

The Rinks at Exeter is committed to the health and safety of our Customers and Staff and will continue to monitor the constantly changing recommendations by the CDC, Local Government and Public Health. We will continue updating our protocols and procedures as announcements and new recommendations are made.

PLEASE DO YOUR PART. IF YOU OR ANYONE IN YOUR FAMILY HAS ANY SIGNS OR SYMPTOMS OF COVID-19 PLEASE DO NOT COME TO OUR FACILITY.

ANY EVENT OR GATHERING AT THE RINKS AT EXETER WITH OVER 100 PARTICIPANTS MASKS ARE REQUIRED.

Any Organizer of an event at The Rinks At Exeter shall be responsible to pay all fees and/or fines from The State of New Hampshire or its agents for any violations of these protocols and are subsequently responsible for all fines or sanctions in the name of The Rinks At Exeter or North Atlantic Hockey Group which occurred during the Organizers event.

STAFF AND CUSTOMER HEALTH

COVID-19 SCREENINGS

All customer/staff/spectators, answers yes to any of the following questions, will not be allowed entrance into our facility and will be instructed to contact their health care provider.

- Do you have any possible symptoms of COVID-19?
 - Fever of 100.4 degrees F or higher in the last 72 hours
 - Respiratory symptoms such as runny nose, sore throat, cough, or shortness of breath
 - Flu-like symptoms such as muscle aches, chills, or severe fatigue
 - Changes in a sense of taste or smell
- Have you had close contact with someone who is suspected or confirmed to have COVID-19 in the past 14 days?
- Traveled in the past 14 days:
 - Internationally (outside of the U.S.)
 - By cruise ship, or
 - Domestically (within the U.S.) outside of NH, VT, or ME on Public Transportation (e.g. Bus, Train, Plane, etc)

New England residents or members, registered participants and students ONLY are allowed to participant in on ice activities.

No teams/groups/athletes other than from New England are allowed at competitive sporting events, training sessions, or practices in New Hampshire except under the following conditions:

If each athlete or member of a team/group arriving in New Hampshire for a competitive sporting event, training session , or practice certifies in writing that he or she has “quarantined” in his or her home for 14 days prior to arriving in New Hampshire, then that athlete, team or group may participate in the competitive sporting event, training session, or practice.

Under this certification “quarantine” means that the individual executing the certification swears that he or she remained at home state for at least 14 days before arriving in New Hampshire, only going out for essential items or work, and when outside of the home maintained physical distancing of 6 feet from other people and wore a cloth face covering/face mask when within less than 6 feet of another person during the 14 day “quarantine” period.



The written certification must be delivered to the individual coordinating the New Hampshire competitive sporting event, training session, or practice, and must be maintained for a period of at least 21 days after the completing of the sporting event, training session, or practice.

No athlete or member of a team/group shall be allowed to participate in a competitive sporting event, training session, or practice in New Hampshire if he or she traveled in the 14 day period prior to arriving in New Hampshire by public transportation, including but not limited to, airplane, train, bus, or subway, or has traveled from another country despite the means of transportation.

All Employees will be screened prior to the beginning of every shift for COVID-19 symptoms and have their temperature checked. Employees who are experiencing any COVID-19 symptoms will be sent home from work immediately.

FACE COVERINGS

Parents/guardians or minors entering our facility are required to wear face coverings while around other spectators, staff, volunteers, and athletes when social distancing is not possible. Signage will be posted on all doors at the entrance to the facility. Any Event or Gathering at The Rinks At Exeter with over 100 participants face coverings are required.

PRACTICE SOCIAL DISTANCING

Employees and Customers should practice social distancing while inside our facility. Please always try and keep a distance of 6-feet or more between anyone not in your family. The facility has added "Social Distancing" markings on the floor throughout our facility for everyone's safety along with a one-way in and one-way out traffic pattern to try and eliminate cross contamination.



SPECTATORS

Spectators will be allowed inside our facility and are required to wear a cloth face covering or disposable mask and maintain social distancing of 6-feet or more if not a family member.

LiveBarn will be turned on at our facility and it is recommended that all non-family members not enter our facility but instead watch these practices or games on this livestreaming app.

CLEANING PROTOCOLS

Based on recommendations and guidance from the US Center for Disease Control and Prevention (CDC) and Federal and State agencies we have increased our cleaning procedures to ensure the health of everyone in our facility.

- **Public Areas**
 - Public Areas and high-moderate touch surfaces will be cleaned and disinfected with approved disinfectants at least every 2 hours.
- **Employee COVID-19 Training**
 - All staff members will be required to wear face coverings when social distancing cannot be maintained
 - All staff members will be provided COVID-19 safety and cleaning protocols in or to keep our facility as clean and safe as possible

PERSONAL HYGIENE FOR STAFF AND CUSTOMERS

- Please remember to wash your hands frequently with soap and water at least 20 seconds
- Refrain from touching your face, nose, and mouth
- Sneeze into a tissue or if not readily available into your elbow and immediately wash your hands with soap and water or use hand sanitizer
- Hands sanitizer stations will be located throughout the facility for your use
- Alcohol-based hand sanitizer has been placed throughout the facility for staff, visitors, volunteers and athletes



PROGRAMS

- **General Guidelines**

- You should not enter the facility any earlier than 30 minutes before your scheduled ice time
- Please follow the arrows on the floor to help traffic flow inside the facility
- It is recommended you come dressed or partially dressed for your scheduled ice time.
- Locker rooms and showers will be available, and all players should social distance as much as possible in these areas
- Athletes must bring their own water bottle as no water bubblers will be available and no sharing of water bottles is allowed
- After your session, please exit the facility within 15 minutes in order for our staff to clean and sanitize the locker room before the next team arrives

HOCKEY

- No spitting, gum chewing or nose blowing is allowed other than in a tissue that is immediately disposed of in a trash receptacle
- Athletes must bring their own water bottle as no water bubblers will be available
- No sharing of equipment is allowed
- Following each game if the players take part in a handshake line, gloves should not be removed
- Hand sanitizer should be carried in players equipment bags
- Athletes shall bring their own equipment, including, but not limited to, gloves, helmets, and not share their personal equipment with other athletes.

FIGURE SKATING

- Please sign in at the front desk
- Skaters are asked to warm up outside the facility
- Hand sanitizer should be carried in skater's equipment bag
- Any shared equipment should be sanitized between uses

If you have any questions or concerns, please feel free to call us at (603) 775-7423 or email us at customerservice@therinksatexeter.com



RINKS AT EXETER PROTOCOL

- New England residents or members, registered participants, and students ONLY
- Face Masks are required while inside the facility
- Common Areas are closed and no congregating in lobby
- Please follow the arrows on the floor to help traffic flow inside the facility
- Coaches should wear face coverings on the bench
- Coaches should always carry hand sanitizer
- Social Distancing should be maintained when possible
- Players can enter the rink 30 minutes prior to their game or practice time
- Players must leave the rink immediately after their game
- Locker rooms will be available, and players should social distance as much as possible in these areas
- Teams cannot warm up inside the facility (please warm up outside)
- Hand sanitizers should be carried in players equipment bags
- Hand sanitizers are available upon entrance and exit to the facility
- Any person with signs of CIVID-19 should not enter the facility
- Players must bring their own water bottles
- No water bubblers will be available
- No sharing of equipment allowed to include water bottles
- No spitting, gum chewing or nose blowing is allowed other than in a tissue that is immediately disposed of in a trash receptacle
- Following each game if players take part in a handshake line, gloves must remain on
- The facility has an enhanced cleaning and disinfecting regiment in adherence to CDC Guidelines

Any Organizer of an event at The Rinks At Exeter shall be responsible to pay all fees and/or fines from The State of New Hampshire or its agents for any violations of these protocols and are subsequently responsible for all fines or sanctions in the name of The Rinks At Exeter or North Atlantic Hockey Group which occurred during the Organizers event.

ENTRY SCREENING AND WELLNESS CERTIFICATE

This form must be completed by all volunteers, parents, coaches, athletes, or other visitors in order to participate in and/or gain entry to observe an event or athletic activity at The Rinks At Exeter.

1. *Please check your response to each question below.*
2. Have you been in close contact with someone who is suspected or confirmed to have COVID-19 in the past 14 days? Yes No
3. Have you had a fever or felt feverish in the last 72 hours? Yes No
4. Are you experiencing any respiratory symptoms including congestion, runny nose, sore throat, cough, shortness of breath or difficulty breathing? Yes No
5. Are you experiencing any new muscle or body aches, chills or severe fatigue? Yes No
6. Are you experiencing any headache, nausea, vomiting or diarrhea? Yes No
7. Have you experienced any new change in your sense of taste or smell? Yes No
8. Have you tested positive for COVID-19? Yes No
9. Have you travelled using public transportation ie. Plane, bus, subway, cruise ship or train. In the past 14 days Yes No
10. If you are from outside of New Hampshire, Maine or Vermont have you quarantined for 14 days prior to coming into the State of New Hampshire? Yes No

Under this paragraph, “quarantine” means that the individual executing the certification swears that he or she remained at a home for at least 14 days before arriving in New Hampshire, only going out for essential items or work, and when outside of the home maintained physical distancing of 6 feet from other people and wore a cloth face covering/face mask when within less than 6 feet of another person during this 14 day “quarantine” period.

IF YOU ANSWERED YES TO ANY OF THE ABOVE QUESTIONS, YOU WILL NOT BE ALLOWED ENTRY TO THE FACILITY AND WILL NOT BE ALLOWED TO PARTICIPATE IN THE EVENT OR ATHLETIC ACTIVITY. PLEASE DO NOT COME INTO THE FACILITY AND SEEK MEDICAL ADVICE.**

WELLNESS CERTIFICATION: I certify that the answers provided above are true and correct.

Name (Printed)

Signature

Date

** The State of New Hampshire Universal Guidelines state that “individuals who develop symptoms of COVID-19, even mild symptoms, should consult their primary care providers about COVID-19 testing, or seek testing through one of the public testing options, such as through a State-run testing center, local health department, or ConvenientMD.”